



SPARTANBURG AREA MENTAL HEALTH RESOURCE GUIDE

*This guide was compiled by Lauren Hultstrand, mental health project coordinator at SC Thrive.
Last Updated: November 2017*

Suicidal Crisis

Questions to ask:

“Are you having thoughts of suicide?”

“Are you thinking about taking your life?”

If yes, check for:

“Have you decided how you would do it?”

“Have you decided when you would do it?”

“Do you have the things you need to carry out your plan?”

SC Youth Suicide Prevention Initiative	http://www.scyspi.org/resources/		State-wide training & education resources for suicide prevention
National Suicide Prevention Line	https://suicidepreventionlifeline.org/	1-800-273-8255 (TALK)	24/7 crisis line- Connects callers to closest in-state crisis center

First Aiders:

Please see **page 11** for important information regarding reporting mental health referrals made in Spartanburg County.

Emergencies & Immediate Harm

Spartanburg Co. Dept. of Social Services (864) 596-3001 Spartanburg Co. Sheriff's Office (864) 503-4500 After Hours Reporting (864) 585-1445	Call one of these resources to report suspected child abuse or neglect		These offices often work with Child Advocacy Center for forensics assessments, counseling, and treatment.
Emergency Services 9-1-1	Remember: please give as much information about the situation as possible when calling in responders		

Professional Help (psychologists, doctors, counselors, social workers, etc.)

In non-crisis situations, it may be best to start with a primary care provider

<p>The Forrester Center for Behavioral Health 187 W Broad St. Suite #200, Spartanburg, SC 29304 864-582-7588</p>	<ul style="list-style-type: none"> •Flexible payment plans and Medicaid •SCT Benefit Bank site- Sign up for Medicaid & SNAP here 	<p>http://www.theforrestercenter.org/</p>	<p>Mental health & substance abuse counseling</p> <p>M-TH walk-in assessments or by appointment</p> <p>Outpatient treatment</p> <p>Adolescent and adult programs</p> <p>Flexible support groups</p>
<p>Spartanburg Area Mental Health 250 Dewey Ave Spartanburg, SC 29303 864-585-0366</p>		<p>http://www.sparmhc.org/</p>	<p>No referral necessary</p> <p>Assessment services- [children & adults]</p> <p>Substance abuse and mental health counseling</p> <p>Language interpreters available</p> <p>Crisis services- on premise or via phone</p> <p>24-hr needs assessment/referral [teens, adults & geriatric] services</p>
<p>The Carolina Center for Behavioral Health 2700 E Phillips Rd Greer, SC 29650 864-235-2335 or 800-866-4673</p>	<p>Children's Medicaid (13-21)</p> <p>Medicare</p> <p>Private insurance</p> <p>Does NOT accept Medicaid for adults</p>	<p>https://www.thecarolinacenter.com/</p>	<p>Mental health & substance abuse Counseling</p> <p>Language interpreter (w/ prior arrangement)</p> <p>Crisis stabilization</p>

<p>Spartanburg Regional Medical Center: Emergency Center 101 East Woods Street Spartanburg, SC 29303</p> <p>9-1-1 for EMS assistance or by walk-in</p>	<p>Insurance</p> <p>Self-pay</p>		<p>Behavioral unit in the Emergency Center and inpatient care after eval in EC</p> <p>Voluntary evaluation or police/EMS escort</p>
<p>Gateway Children's Mental Health Services- Spartanburg 397 Serpentine Drive, Suite B Spartanburg, SC 29303</p> <p>864-406-6041</p>		<p>Health Professionals & School Referrals</p> <p>https://www.gatewaychildrens.com</p>	<p>Counselors & Doctors available</p> <p>Medication management</p> <p>Child & family counseling</p> <p>ADHD counseling</p>
<p>ReGenesis Healthcare 460 Langdon Street Spartanburg, SC 29306</p> <p>864-582-2411 [Call for Appointment]</p>	<p>Work with underinsured & uninsured</p>	<p>http://www.myrhc.org/behavioral-health</p>	<p>Behavioral assessments provided after consult with PCP</p>
<p>Psychiatric Associates of Spartanburg, PA 943 N. Church Street Spartanburg, SC 29303</p> <p>864-585-2214</p>	<p>Will work with insurance policies</p>	<p>Call for appointment More information: http://www.thepsychiatricassociates.com/about-us-1.html</p>	<p>Work with children, adolescents & adults</p>

<p>Dr. Caleb Loring, Psychologist 324 East Saint John Street Suite B Spartanburg, SC 29302</p> <p>864-641-6979</p>		<p>http://www.drcalebloring.com/index.html</p>	<p>Children, adolescents, & adults</p> <p>Psychological testing</p> <p>Therapy</p>
<p>Mary Black Health System: Geropsychiatric Services 1700 Skylyn Drive Spartanburg, SC 29307</p> <p>864-573-3725</p>	<p>Medicare</p> <p>Private Insurance (call for more info)</p>	<p>http://www.maryblackhealthsystem.com/mary-black-spartanburg/hospital-sites-geropsychiatric-services.aspx</p>	<p>For 55+</p> <p>Psychiatric diagnoses resulting in destructive/disordered behavior</p> <p>Helps families/patients learn coping & caregiving skills</p>
<p>Upstate Psychiatry, P.A 27 Memorial Medical Drive Greenville, SC 29605</p> <p>864-295-2221</p>		<p>Call for appointment More information: http://www.upstatepsychiatry.com/index.html</p>	<p>Child & adolescent Psychiatrists available</p>

Counseling Services

<p>EMERGE Family Therapy Center & Teaching Clinic 138 Dillion Drive Spartanburg, SC 29307</p> <p>864-583-1010</p>	<p>Sliding- scale payment plans based on yearly income</p>	<p>http://westgatefti.org/</p>	<p>Psychotherapy for individuals, family, couples, and children</p> <p>Call for appointment</p>
<p>Healing Solutions, LLC 485 S Pine St Spartanburg, South Carolina</p> <p>864-707-2167</p>	<p>Medicaid</p> <p>Private Insurance</p> <p>Self-pay</p>	<p>https://www.facebook.com/pg/healingsolutionsllc/about/?ref=page_internal</p>	<p>Diagnostic & counseling services for children, teens, adults, & couples</p>

<p>Crossroads Youth Ranch P. O. Box 428 Pacolet, SC 29302</p> <p>864- 474-8210</p>		<p>http://www.crossroadsyouthranch.org/index.html</p>	<p>Youth equine therapy services</p> <p>Camps, teen nights, mentoring & workshops</p>
<p>SC Vocational Rehabilitation Department 353 S. Church Street Spartanburg, SC 29301</p> <p>864-585-3693</p>			<p>For program participants, counselors may assist with mental health related disabilities</p> <p>Work training for those living with disabilities</p>
<p>New Horizons Counseling 1714 Boiling Springs Road Boiling Springs, SC 29316</p> <p>864-764-1007</p>	Self-pay	<p>http://www.newhorizonscounselingsc.com/default.html</p>	<p>Provide services for Individuals, couples, children & families</p> <p>Parenting Group Therapy Adolescent & Teen Group Therapy</p>
<p>Magnolia Counseling Associates 153 North Spring Street Spartanburg, SC 29306</p> <p>864-583-5969</p>		<p>http://www.magnoliacounseling.net/about_us.php</p>	<p>Work with children, adolescents, families, couples, etc.</p>
<p>North Grove Counseling Associates 204 North Grove Medical Park Drive Spartanburg, SC 29303</p> <p>864-415-9152 or 864-699-9213</p>	Self-Pay	<p>See New Client Form here: https://www.northgrovecounseling.com/contact/</p>	<p>Work with children, families, couples, etc.</p>

Skylyn Counseling 503 West 2 nd Street Spartanburg, SC 29301 864-585-5010		Request appointment online http://www.skylyncounseling.com/index.html	Individuals, couples, families
Turning Leaves Therapy 601 West Main Street Spartanburg, SC 29301 864-598-9461	Will file out-of-network benefits at request	http://www.turningleavesforchildren.com/ Call for appointment	Individual & family therapy Groups for children & adolescents Parent Workshops
Family Builders Counseling Services 1965 Old Furnace Road Boiling Springs, SC 29316 864-327-6304	Accepts most major insurance plans (except Medicaid)	Request appointment online https://www.familybuilderscounseling.com/index.html	Couples, families, adolescent
Stacey L. Jackson, LPC 2375 East Main Street Suite A-105 Spartanburg, SC 29307 864-398-9322	Some private insurance accepted Medicaid accepted Reduced rates for no insurance	http://staceyljacksonlpc.weebly.com/ Call for appointment	Works with children-seniors
Pathways Pastoral Counseling 400 Dupre Drive Spartanburg, SC 29307 864-542-3019		https://www.pathwayspc.com/ call for appointment	Pastoral counseling
Renaissance Therapy & Forensic Counseling Center 1090 Boiling Springs Road Spartanburg, SC 29303 864-573-5956		https://renaissancetherapy.weebly.com/ New Client Form on website	Adolescents, individuals & families Multiple specialties

Substance Use Services

<p>The Forrester Center for Behavioral Health</p> <p>187 West Broad Street Suite 200 Spartanburg, SC 29304</p> <p>864-582-7588</p>	<ul style="list-style-type: none"> •Flexible payment plans and Medicaid •SCT Benefit Bank site- Sign up for Medicaid & SNAP here 		<p>Mental health & substance abuse counseling</p> <p>M-Th Walk-in assessments</p> <p>Outpatient treatment</p> <p>Adolescent programs</p>
<p>The Phoenix Center</p> <p>1400 Cleveland Street Greenville, SC 29607</p> <p>864-467-3790 Helpline: 864-467-4747</p>		<p>www.phoenixcenter.org</p>	<p>Adult & adolescent outpatient</p> <p>Medication assisted treatment</p> <p>Detox services</p> <p>Women & adolescent residential facilities</p>
<p>Miracle Hill Ministries Overcomer Program</p> <p>1916 North Pleasantburg Drive Greenville, SC 29609</p> <p>864-631-0088</p>		<p>miraclehill.org/overcomers</p>	<p>27 week Christian-based addiction recovery program for men</p> <p>See application instructions behind</p>
<p>The Carolina Center for Behavioral Health</p> <p>2700 E Phillips Rd Greer, SC 29650 864-235-2335 or 800-866-4673</p>	<p>Children's Medicaid (13-21) Medicare</p> <p>Private insurance</p> <p>Does NOT accept Medicaid for adults</p>	<p>https://www.thecarolinacenter.com/</p>	<p>24-hr needs assessment/referral [teens, adults & geriatric] services</p> <p>Mental health & substance abuse Counseling</p> <p>Language interpreter (w/ prior arrangement)</p>

			Crisis stabilization
Palmetto Carolina Treatment Center, LLC 325 Inglesby Parkway Unit F Duncan, SC 29334 864-433-8443	See website for fees	http://www.carolinatreatmentcenters.com/locations/greenville-spartanburg.html	Medication Assisted Addiction Treatment Group Therapy Individualized plan
Faith Home Inc. <i>Man's Facility</i> 180 Battleground Road Cowpens, SC 29330 864-463-2363 <i>Women's Facility</i> 309 Washington Street PO Box 188 Abbeville, SC 29620 864-223-0694	Program is free, call for availability	http://www.faithhomegwd.net/pages/about-us.html	Christian-based rehabilitation facility for drugs & alcohol 12-step program Must be able to pass drug screen upon admission

Support Groups

FAVOR Greenville Wednesdays 6:30p-8:00p	864-385-7757 Favorgreenville.org	St Christopher Episcopal Church` 400 Dupre Dive Spartanburg, SC	Family & friend group for those supporting addicted individuals (most often young adults)
Al Anon	Find meetings at: https://www.al-anon-sc.org/district-2.html	Numerous locations	Support group for those who have been impacted by compulsive drinking

Alateen	https://www.al-anon-sc.org/alateen-meeting-list.html	MUST be a member to attend Alateen	Support group for ages 19 and under who have been impacted by compulsive drinking
Narcotics Anonymous	https://www.narcotics.com/na-meetings/south-carolina/spartanburg/	Numerous locations	Narcotics support group
Alcoholics Anonymous	https://www.narcotics.com/na-meetings/south-carolina/spartanburg/	Numerous locations	Alcoholic support group
Celebrate Recovery	http://locator.crgroups.info/		Christian-centered recovery program
Teen Outlook	http://www.teenoutlook.org/		Support group for teen LBGTQ community

Other Resources

Crisis Text-line	Text "Start" to 741-741	Text-line to address any type of crisis Texter connected to counselor
Greenville Crisis Line	864-271-8888	Call for resources during mental health crisis
Trevor Project	866-488-7386 [24/7] Text line 202-304-1200 [3p-10p M-F]	Suicide prevention line for LBGTQ community 13-24 years of age
S.A.F.E (Self Abuse Finally Ends Alternatives) Hotline	1-800- 366-8288 (DONTCUT)	
National Alliance of Mental Illness Of Spartanburg	864-707-2814	Mental health community education Family support groups
Adverse Childhood Experiences Survey	USC Upstate- Child Advocacy Center	Trauma-informed approach training
Mental Fitness, Inc	917-771-4977	Resiliency building programs for adolescent girls

Reporting Referrals FAQs:

Why does SC Thrive and SAMHSA need to know how many people I refer?

SC Thrive implements the Substance Abuse & Mental Health Services Administration Project Aware-C grant in Spartanburg County. This federal project aims to measure the impact that First Aiders have on getting people to appropriate professional help. Reported referrals from First Aiders are the main avenue we use to collect this data.

How can I report a referral I have made?

- Click on “Referral Survey” located in the monthly newsletter and follow prompts. Your personal information will not be recorded and we do not ask for personal identifying information for those you serve. SAMHSA will only receive the number of reported referrals for individuals ages 16-24. Please feel free to still report other age groups in the question dedicated to ‘other’ age groups.
- Email Lauren Hultstrand at lhultstrand@scthrive.org for the referral survey link.

The Project Aware-C grant is active until September 31, 2018. If you know anyone who serves, works, studies, or worships with individuals in Spartanburg County, Mental Health First Aid is offered at no cost until the grant period ends.

8- hour Community Sessions: *Up to 25 attendees*

January 17, 2018	February 21, 2018
March 21, 2018	April 18, 2018
May 23, 2018	June 20, 2018
July 11, 2018	August 15, 2018
September 19, 2018	<i>Time: 9:00am-5:00pm</i>



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803-542-5586

On-site Sessions: *10-25 attendees*

Dates and times scheduled at your convenience

1 full day (8-hr)	2 half days (4-hr)
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