This guide was compiled by Lauren Hultstrand, mental health project coordinator at SC Thrive.
Last Updated: November 2017
Suicidal Crisis

Questions to ask:
“Are you having thoughts of suicide?”
“Are you thinking about taking your life?”
If yes, check for:
“Have you decided how you would do it?”
“Have you decided when you would do it?”
“Do you have the things you need to carry out your plan?”

<table>
<thead>
<tr>
<th>SC Youth Suicide Prevention Initiative</th>
<th><a href="http://www.scyspi.org/resources/">http://www.scyspi.org/resources/</a></th>
<th>State-wide training &amp; education resources for suicide prevention</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Suicide Prevention Line</td>
<td><a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a></td>
<td>1-800-273-8255 (TALK)</td>
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<td>24/7 crisis line-Connects callers to closest in-state crisis center</td>
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Emergencies & Immediate Harm

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<tr>
<th>Spartanburg Co. Dept. of Social Services (864) 596-3001</th>
<th>Call one of these resources to report suspected child abuse or neglect</th>
<th>These offices often work with Child Advocacy Center for forensics assessments, counseling, and treatment.</th>
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</thead>
<tbody>
<tr>
<td>Spartanburg Co. Sheriff’s Office (864) 503-4500</td>
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<td>After Hours Reporting (864) 585-1445</td>
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<tr>
<td>Emergency Services 9-1-1</td>
<td>Remember: please give as much information about the situation as possible when calling in responders</td>
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</table>

Professional Help (psychologists, doctors, counselors, social workers, etc.)

*In non-crisis situations, it may be best to start with a primary care provider*

SC Thrive
Substance Abuse & Mental Health Services Administration Project Aware-C Grant

Updated Nov 2017
| The Forrester Center for Behavioral Health | • Flexible payment plans and Medicaid  
• SCT Benefit Bank site- Sign up for Medicaid & SNAP here | [http://www.theforrestercenter.org/](http://www.theforrestercenter.org/)
Mental health & substance abuse counseling  
M-Th walk-in assessments or by appointment  
Outpatient treatment  
Adolescent and adult programs  
Flexible support groups |
|--------------------------|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|
| Spartanburg Area Mental Health |  | [http://www.sparmhc.org/](http://www.sparmhc.org/)
No referral necessary  
Assessment services- [children & adults]  
Substance abuse and mental health counseling  
Language interpreters available  
Crisis services- on premise or via phone |
| The Carolina Center for Behavioral Health | Children’s Medicaid (13-21)  
Medicare  
Private insurance  
Does NOT accept Medicaid for adults | [https://www.thecarolinacenter.com/](https://www.thecarolinacenter.com/)
24 hr needs assessment/referral [teens, adults & geriatric] services  
Mental health & substance abuse Counseling  
Language interpreter [w/ prior arrangement]  
Crisis stabilization |
| **Spartanburg Regional Medical Center: Emergency Center**  
101 East Woods Street  
Spartanburg, SC 29303  
9-1-1 for EMS assistance or by walk-in | Insurance  
Self-pay | Behavioral unit in the Emergency Center and inpatient care after eval in EC  
Voluntary evaluation or police/EMS escort |
|---|---|---|
| **Gateway Children’s Mental Health Services- Spartanburg**  
397 Serpentine Drive, Suite B  
Spartanburg, SC 29303  
864-406-6041 | Health Professionals & School Referrals  
[https://www.gatewaychildrens.com](https://www.gatewaychildrens.com) | Counselors & Doctors available  
Medication management  
Child & family counseling  
ADHD counseling |
| **ReGenesis Healthcare**  
460 Langdon Street  
Spartanburg, SC 29306  
864-582-2411 [Call for Appointment] | Work with underinsured & uninsured | Behavioral assessments provided after consult with PCP |
| **Psychiatric Associates of Spartanburg, PA**  
943 N. Church Street  
Spartanburg, SC 29303  
864-585-2214 | Will work with insurance policies | Call for appointment  
| **Dr. Caleb Loring, Psychologist** | http://www.drcalebloring.com/index.html | Children, adolescents, & adults  
Psychological testing  
Therapy |
|-----------------------------|----------------------------------|--------------------------------------------------|
| 324 East Saint John Street  
Suite B  
Spartanburg, SC 29302  
864-641-6979 | | |

| **Mary Black Health System: Geropsychiatric Services** | Medicare  
Private Insurance (call for more info) | For 55+  
Psychiatric diagnoses resulting in destructive/disordered behavior  
Helps families/patients learn coping & caregiving skills |
|----------------------------------|----------------------------------|--------------------------------------------------|
| 1700 Skylyn Drive  
Spartanburg, SC 29307  
864-573-3725 | | |

| **Upstate Psychiatry, P.A** | Call for appointment  
|-----------------------------|--------------------------------------------------|--------------------------------------------------|
| 27 Memorial Medical Drive  
Greenville, SC 29605  
864-295-2221 | | |

**Counseling Services**

| **EMERGE Family Therapy Center & Teaching Clinic** | Sliding- scale payment plans based on yearly income | Psychotherapy for individuals, family, couples, and children  
Call for appointment |
|-----------------------------|--------------------------------------------------|--------------------------------------------------|
| 138 Dillion Drive  
Spartanburg, SC 29307  
864-583-1010 | | |

| **Healing Solutions, LLC** | Medicaid  
Private Insurance  
Self-pay | Diagnostic & counseling services for children, teens, adults, & couples |
|-----------------------------|--------------------------------------------------|--------------------------------------------------|
| 485 S Pine St  
Spartanburg, South Carolina  
864-707-2167 | | |
| **Crossroads Youth Ranch**  
P. O. Box 428 Pacolet, SC 29302  
864- 474-8210 | [http://www.crossroadysouthranch.org/index.html](http://www.crossroadysouthranch.org/index.html) | Youth equine therapy services  
Camps, teen nights, mentoring & workshops |
| --- | --- | --- |
| **SC Vocational Rehabilitation Department**  
353 S. Church Street  
Spartanburg, SC 29301  
864-585-3693 |  | For program participants, counselors may assist with mental health related disabilities  
Work training for those living with disabilities |
| **New Horizons Counseling**  
1714 Boiling Springs Road  
Boiling Springs, SC 29316  
Provide services for Individuals, couples, children & families  
Parenting Group Therapy  
Adolescent & Teen Group Therapy |
| **Magnolia Counseling Associates**  
153 North Spring Street  
Spartanburg, SC 29306  
864-583-5969 |  | [http://www.magnoliacounseling.net/about_us.php](http://www.magnoliacounseling.net/about_us.php)  
Work with children, adolescents, families, couples, etc. |
| **North Grove Counseling Associates**  
204 North Grove Medical Park Drive  
Spartanburg, SC 29303  
864-415-9152 or 864-699-9213 | Self-Pay | See New Client Form here:  
[https://www.northgrovecounseling.com/contact/](https://www.northgrovecounseling.com/contact/)  
Work with children, families, couples, etc. |
| **Skylyn Counseling**  
503 West 2nd Street  
Spartanburg, SC 29301 | Request appointment online  
http://www.skylynncounseling.com/index.html | Individuals, couples, families |
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<td>864-585-5010</td>
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| **Turning Leaves Therapy**  
601 West Main Street  
Spartanburg, SC 29301 | Will file out-of-network benefits at request  
http://www.turningleavesforchildren.com/  
Call for appointment | Individual & family therapy  
Groups for children & adolescents  
Parent Workshops |
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<td>864-598-9461</td>
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| **Family Builders Counseling Services**  
1965 Old Furnace Road  
Boiling Springs, SC 29316  
864-327-6304 | Accepts most major insurance plans (except Medicaid)  
Request appointment online  
https://www.familybuilderscounseling.com/index.html | Couples, families, adolescent |
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| **Stacey L. Jackson, LPC**  
2375 East Main Street  
Suite A-105  
Spartanburg, SC 29307 | Some private insurance accepted  
Medicaid accepted  
Reduced rates for no insurance  
http://staceyljacksonlpc.weebly.com/  
Call for appointment | Works with children-seniors |
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<tr>
<td>864-398-9322</td>
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| **Pathways Pastoral Counseling**  
400 Dupre Drive  
Spartanburg, SC 29307 |  
https://www.pathwayspc.com/call for appointment | Pastoral counseling |
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<td>864-542-3019</td>
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| **Renaissance Therapy & Forensic Counseling Center**  
1090 Boiling Springs Road  
Spartanburg, SC 29303 |  
https://renaissancetherapy.weebly.com/  
New Client Form on website | Adolescents, individuals & families  
Multiple specialties |
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<tr>
<td>864-573-5956</td>
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**Substance Use Services**

SC Thrive  
Substance Abuse & Mental Health Services Administration Project Aware-C Grant  
Updated Nov 2017
| **The Forrester Center for Behavioral Health** | •Flexible payment plans and Medicaid  
•SCT Benefit Bank site- Sign up for Medicaid & SNAP here | Mental health & substance abuse counseling  
M-Th Walk-in assessments  
Outpatient treatment  
Adolescent programs |
| --- | --- | --- |
| 187 West Broad Street  
Suite 200  
Spartanburg, SC 29304 | 864-582-7588 |  |
| **The Phoenix Center** |  | Adult & adolescent outpatient  
Medication assisted treatment  
Detox services  
Women & adolescent residential facilities |
| 1400 Cleveland Street  
Greenville, SC 29607 | 864-467-3790  
Helpline: 864-467-4747 |  |
| **Miracle Hill Ministries Overcomer Program** |  | 27 week Christian-based addiction recovery program for men  
See application instructions behind |
| 1916 North Pleasantburg Drive  
Greenville, SC 29609 | 864-631-0088 |  |
| **The Carolina Center for Behavioral Health** | Children's Medicaid (13-21)  
Medicare  
Private insurance  
Does NOT accept Medicaid for adults | 24-hr needs assessment/referral [teens, adults & geriatric] services  
Mental health & substance abuse Counseling  
Language interpreter (w/ prior arrangement) |
| 2700 E Phillips Rd  
Greer, SC 29650  
864-235-2335 or 800-866-4673 | [https://www.thecarolinacenter.com/](https://www.thecarolinacenter.com/) |  |
### Palmetto Carolina Treatment Center, LLC

- **Address**: 325 Inglesby Parkway Unit F
  Duncan, SC 29334
- **Phone**: 864-433-8443
- **Website**: See website for fees
- **Treatment Options**:
  - Crisis stabilization
  - Medication Assisted Addiction Treatment
  - Group Therapy
  - Individualized plan
- **Program Details**:
  - Location: Palmetto Carolina Treatment Center, LLC
  - Phone: 864-433-8443
  - Website: [http://www.carolinatreatmentcenters.com/locations/greenville-spartanburg.html](http://www.carolinatreatmentcenters.com/locations/greenville-spartanburg.html)

### Faith Home Inc.

- **Man’s Facility**
  - **Address**: 180 Battleground Road
    Cowpens, SC 29330
  - **Phone**: 864-463-2363
- **Women’s Facility**
  - **Address**: 309 Washington Street
    PO Box 188
    Abbeville, SC 29620
  - **Phone**: 864-223-0694
- **Website**: Program is free, call for availability
- **Treatment Options**:
  - Christian-based rehabilitation facility for drugs & alcohol
  - 12-step program
  - Must be able to pass drug screen upon admission

### Support Groups

<table>
<thead>
<tr>
<th>Group</th>
<th>Address/Website</th>
<th>Phone</th>
<th>Details</th>
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<tbody>
<tr>
<td><strong>FAVOR Greenville</strong></td>
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<tr>
<td>Wednesdays 6:30p-8:00p</td>
<td>864-385-7757 Favorgreenville.org</td>
<td>Family &amp; friend group for those supporting addicted individuals (most often young adults)</td>
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<tr>
<td><strong>AI Anon</strong></td>
<td>Find meetings at: <a href="https://www.ai-anon-sc.org/district-2.html">https://www.ai-anon-sc.org/district-2.html</a></td>
<td>Numerous locations</td>
<td>Support group for those who have been impacted by compulsive drinking</td>
</tr>
<tr>
<td>Resource</td>
<td>Website</td>
<td>Notes</td>
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<tr>
<td>Alateen</td>
<td><a href="https://www.al-anon-sc.org/alateen-meeting-list.html">https://www.al-anon-sc.org/alateen-meeting-list.html</a></td>
<td>MUST be a member to attend Alateen</td>
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<td>Support group for ages 19 and under who have been impacted by compulsive drinking</td>
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<td>Narcotics support group</td>
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<td>Alcoholic support group</td>
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<td></td>
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<td>Christian-centered recovery program</td>
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<td>Support group for teen LBGTQ community</td>
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**Other Resources**

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<thead>
<tr>
<th>Resource</th>
<th>Contact Information</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Crisis Text-line</td>
<td>Text “Start” to 741-741</td>
<td>Text-line to address any type of crisis</td>
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<td>Texter connected to counselor</td>
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<tr>
<td>Greenville Crisis Line</td>
<td>864-271-8888</td>
<td>Call for resources during mental health crisis</td>
</tr>
<tr>
<td>Trevor Project</td>
<td>866-488-7386 [24/7]</td>
<td>Suicide prevention line for LBGTQ community 13-24 years of age</td>
</tr>
<tr>
<td>S.A.F.E (Self Abuse Finally Ends Alternatives) Hotline</td>
<td>1-800- 366-8288 (DONTCUT)</td>
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<td>National Alliance of Mental Illness Of Spartanburg</td>
<td>864-707-2814</td>
<td>Mental health community education</td>
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<td>Family support groups</td>
</tr>
<tr>
<td>Adverse Childhood Experiences Survey</td>
<td>USC Upstate- Child Advocacy Center</td>
<td>Trauma-informed approach training</td>
</tr>
<tr>
<td>Mental Fitness, Inc</td>
<td>917-771-4977</td>
<td>Resiliency building programs for adolescent girls</td>
</tr>
</tbody>
</table>
 Reporting Referrals FAQs:

**Why does SC Thrive and SAMHSA need to know how many people I refer?**

SC Thrive implements the Substance Abuse & Mental Health Services Administration Project Aware-C grant in Spartanburg County. This federal project aims to measure the impact that First Aiders have on getting people to appropriate professional help. Reported referrals from First Aiders are the main avenue we use to collect this data.

**How can I report a referral I have made?**

- Click on “Referral Survey” located in the monthly newsletter and follow prompts. Your personal information will not be recorded and we do not ask for personal identifying information for those you serve. SAMHSA will only receive the number of reported referrals for individuals ages 16-24. Please feel free to still report other age groups in the question dedicated to ‘other’ age groups.
- Email Lauren Hultstrand at lhultstrand@scthrive.org for the referral survey link.

The Project Aware-C grant is active until September 31, 2018. If you know anyone who serves, works, studies, or worships with individuals in Spartanburg County, Mental Health First Aid is offered at no cost until the grant period ends.

8-hour Community Sessions: Up to 25 attendees

| January 17, 2018 | February 21, 2018 |
| March 21, 2018   | April 18, 2018    |
| May 23, 2018     | June 20, 2018    |
| July 11, 2018    | August 15, 2018  |
| September 19, 2018 | Time: 9:00am-5:00pm |

On-site Sessions: 10-25 attendees

Dates and times scheduled at your convenience

- 1 full day (8-hr)
- 2 half days (4-hr)