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Help us continually improve Annual Training by submitting your thoughts in a brief survey!

SCAN HERE -



TOGETHER AGAIN!

I am excited to be in person and in gorgeous Charleston, South Carolina. This year's theme – The Power of Connection – plays an important role in people's health, happiness, and quality of life. This year, our goal is to help you leverage your power in creating efficient solutions to challenges, molding optimistic mindsets, and empowering you to confidently serve your community.

With the help of our partners, SC Thrive continues to transform how we operate to improve our ability to provide innovative and efficient access to quality-of-life resources, lead South Carolinians to stability, and build healthy communities. Together, we continue to meet our state's challenges and excel despite setbacks. We are proud of where we collectively are today and excited about what lies ahead.

As we strive to establish meaningful connections in our work, we hope that you will leave this training with the ideas and motivation to:

- Stretch past what you know, grow, and make meaningful changes that will improve your work.
- Take your ideas to the next level. Share innovative ways to address opportunities and challenges in your communities.
- Maintain a positive approach to life and the changes that may come.
- Finally, make a commitment to create time for the things you enjoy, because self-care matters.

Thank you for joining us and for your continued support in leading those in South Carolina to stabilized, healthy communities.

Yours in service,

Tricia Richardson

CEO, SC Thrive



Vicia C. Richardson

SC Thrive leads South Carolinians to stability by providing innovative and efficient access to quality of life resources.

Thursday, September 21

FDULE A

8:00 AM 9:30 AM

11:15 AM 12:30 PM

1:30 PM 3:00 PM

4:30 PM

Registration

Welcome & Opening Keynote

Breakout Session 1

Lunch

Breakout Session 2

Breakout Session 3

Networking Reception

Friday, September 22



7:30 AM 9:00 AM 10:30 AM

12:00 PM

Breakfast Breakout Session 4 Breakout Session 5

Lunch, Closing Keynote, Awards & Door Prizes



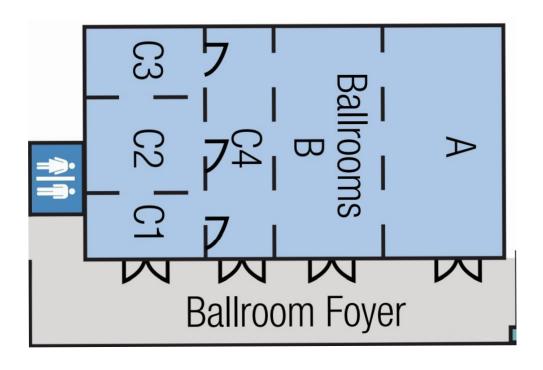
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MEETING SPACE MAP



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other Charleston activities.



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ANNUAL TRAINING CHECKLIST

Join us September 21, at 4:30 PM for live music and light refreshments in the Ballroom Foyer.
Door Prizes Win awesome prizes by submitting your completed Partnership Passport card, found in your attendee bag.
Awards Ceremony Help us celebrate the amazing work our partners are doing in our closing session on September 22, in Ballrooms A & B.
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Follow a track or mix up your sessions!

Leading The Charge: Plug into ways organizations are supporting our future generations. This track focuses on serving children and on organizations working in childhood arenas.

Powering Forward: Stay updated with what's on the horizon for community services. Discuss technological advancements, personal and organizational planning, and new developments in social and medical care interconnectivity with this track.

Collaborative Care: Combining our ideas of what helps someone's overall well-being, this track focuses on Social Determinants of Health and how to collaborate for better outcomes.

Evolving Organizations: Take your organizational management strategy to the next level with this track. Speakers will cover topics that focus on evolving processes, solutions, ideas, and services.

Thursday, September 21

9:30 AM - 11:00AM | Welcome & Opening Keynote

Cleaning Up Your Mental Mess Ballrooms A & B | Dr. Caroline Leaf



Toxic thoughts, depression, and anxiety- our mental mess- are frequently aggravated by a chaotic world and sustained by an inability to manage our runaway thoughts. But we shouldn't settle into this mental mess as if it's just our new normal. Hope and help are available to us, and the road to healthier thoughts and peak happiness may be shorter than you think.

You will learn the following in this session:

- How the five steps can help reduce anxiety and depression by up to 81%, according to clinical studies.
- How science can help us transition from being aware of toxic thoughts to catching and managing them in their early stages.
- How to capitalize on directed neuroplasticity using the Neurocycle.
- To apply mind-management to unwire toxic habits and trauma.
- How to leverage the lessons in the book for their daily lifestyle, including connection, brain-building, sleep, diet, exercise, people-pleasing, toxic perfectionism, overthinking, toxic emails and texts.
- Why mindfulness is not enough and how strategic mind-management through the five steps can take a reader beyond mindfulness.

11:15 AM - 12:30 PM | Breakout Session 1

SC Child Care Voucher Program

Room C1 | Speaker: Christi L. Jeffcoat

This session will provide information on how families may access financial assistance for childcare. The session will cover the availability of services, specific eligibility criteria, and income guidelines.

Preschool Suspension & Expulsion: Shared Definitions & Next Steps Room C2 | Speakers: Dr. Heather Googe & Cathy Kovacs





Join us to learn about preschool suspension and expulsion and work happening in South Carolina to define the issue, develop policy, and support the workforce to reduce or eliminate the use of these practices in early childhood settings in South Carolina.

Disability Today: An Integrated Approach Toward Breaking Barriers and True Inclusion Room C3 | Speaker: Kimberly Tissot



This session will explore recent developments in South Carolina that allow for greater opportunities for persons with disabilities, outline some remaining barriers, and provide a roadmap for true disability inclusion in our communities. Participants will gain a brief history of the Americans with Disabilities Act, its application today, tools for effective coalition building for legislative and regulatory advocacy, and practices to promote accessibility in their workplace and community.

Al in Marketing: Al as a Junior Employee Ballrooms A & B | Speaker: Zachary Giglio



Have you incorporated AI into your daily workflow? Explore how AI resources are reshaping marketing strategies, optimizing campaigns, and driving impactful results. Equip your team with practical knowledge to stay ahead in the dynamic marketing landscape, empowering you to harness the true potential of AI for enhanced productivity and success.

12:30 PM - 1:15 PM | Lunch

1:30 PM - 2:45 PM | Breakout Session 2

Child Abuse and Neglect and Pathways to Prevention Room C1 | Speaker: Dana Powell



In 2021 in South Carolina, there were 8,949 founded investigations of child abuse and neglect involving 9,619 cases of neglect and 3,253 cases of abuse. While those numbers alone are startling, the effects of the maltreatment likely won't be seen for years to come. Events like these can lead to negative health and social outcomes in adulthood, and prevention is critical. Children's Trust of SC supports multiple programs and has developed strategic pathways to prevention. This session will paint a picture of child maltreatment and share what we're doing about it.

Things You Need to Write Winning Proposals Room C2 | Speaker: Lindsey Kilgo



Get ready to supercharge your proposal game! Unravel the art and science behind persuasive proposal writing. From irresistible hooks to compelling narratives, this session is your ticket to mastering the techniques that secure deals and leave a lasting impression. Don't just write proposals – write winning proposals that propel your organization to success!

Collectively Informing Policy to Improve the Health of Aging South Carolinians Room C3 | Speaker: Maya Pack



Maya Pack, MS, MPA, Executive Director of the SC Institute of Medicine & Public Health (IMPH) will discuss the Long Term Care Taskforce and Leadership Council, which have been working to inform long-term care policy for disabled and aging populations since 2013. A recent highlight is their collective work to inform policy to improve our state's ability to effectively recruit, train and retain direct care workers. SC's use of ARPA funds to support this workforce will be explored and you'll be invited to provide recommendations for the training and certification of SC's direct care workforce. Additionally, IMPH will share their recent work on social isolation among older adults and what our state can do to combat the negative health impacts of social isolation.

How to Amplify Your Marketing Message Ballrooms A & B | Speaker: Anthony A. Dicks, Jr.



There are so many messages competing for the attention of those you serve. The question is not only if your message is clear but how does your message overcome the noise of so many other marketing messages. During this session, I will arm attendees with strategies and tactics to "equalize" their marketing messages for greater clarity and volume, so their messages can overcome the noise and reach more people than expected.

Reconnecting Children to Nature Through Outdoor Play Room C1 | Speakers: Misty Pearson & Alyssa Willis





Children are spending less time outdoors immersed in nature. The time children spend outdoors and their relationship with nature helps them understand the world and wonder surrounding them while impacting their overall well-being. As childhood has moved indoors, reconnecting children to the natural world is critical to lessen the negative effects on children's physical, cognitive and emotional development. This presentation will address why it is important to connect children and nature and how

to enhance outdoor spaces where children spend time.

Serving Veterans (Panel) Room C2| Speakers: Kailay Washington, James Mulak, & Mark Holyfield







This session aims to shed light on the unique challenges faced by veterans and the comprehensive support systems designed to address their needs. During this session, we will explore a range of topics, including healthcare services, mental health support, housing assistance, employment and entrepreneurship opportunities, and educational resources tailored specifically for veterans. Our panelists,

comprising of veterans themselves and professionals in the field, will share their insights and experiences, providing valuable information on accessing and maximizing these supportive services, as well as the eligibility criteria and application processes associated with each. Additionally, we will explore the importance of community engagement and collaboration in ensuring the successful implementation of these services.

Affordable Housing Initiatives Room C3 | Speaker: Duncan Cheney



South Carolina has several organizations that support affordable housing, including housing authorities, non-profit organizations, and state agencies. Learn about the comprehensive approaches and innovative solutions that are addressing housing needs across the state. This session promises to provide valuable insights into the current landscape and future prospects of affordable housing, equipping you with a deeper understanding of this critical issue.

Mission Matters Ballrooms A & B | Speaker: Dr. Patrick Jinks



How does your organization measure its performance against its stated mission? Patrick will share research from his Ph.D. studies, illustrating the three levels at which nonprofits measure (or don't measure) their work. From business metrics to program outcome measurement to community-level metrics, Patrick will share examples at each level, help participants examine their mission statements, and more effectively communicate their impact. This workshop will be highly interactive as the group challenges and helps each other with live coaching from Patrick.

Don't forget to join our evening networking reception at 4:30 in the Ballroom Foyer!

Friday, September 22

9:00 AM- 10:15 AM | Breakout Session 4

Investing in our Future: Infant and Early Childhood Mental Health Promotion, Prevention, and Treatment Efforts in South Carolina

Room C1 | Speakers: Mackenzie Soniak & Amaris Gibson





Extensive research has explored and documented the importance of early experiences and how they shape the growth and development of young children. This session will share how the Infant Early Childhood Mental Health (IECMH) program uses evidence-based approaches to promote nurturing relationships for infants, young children and their families through resources, policies and practices to foster positive mental health and well-being.

Everyone Knows an SC Senior (Panel)

Room C2 | Speakers: Beth Fields, Stephanie McGuire, & Mercedes Rubiano







Join us for an engaging breakout session that delves into the world of supportive services for older adults. As our population ages, it becomes increasingly important to provide comprehensive care and assistance to enhance the physical, emotional, and social well-being of our senior community members. This session will explore the various types of supportive services available, including healthcare, social services, and

community resources. Our expert panel of professionals in the field will share their insights and experiences, providing valuable information on best practices, successful case studies, and the latest research findings. Whether you are a healthcare professional, caregiver, or simply interested in learning more about this vital topic, you will gain a deeper understanding of the programs that are available to promote independence, dignity, and overall well-being for older adults.

Social Care Reimagined - Thrive Hub Demonstration Room C3 | Speakers: Beth Franklin & Michelle Stent-Hilton





What if we could make it easier to navigate complex systems of available benefits? What if we could reduce duplication of work and address health holistically, connecting health care providers and social care providers through a shared network, using a common language? SC Thrive's Thrive Hub is a South Carolina specific social care platform that is an essential part of the evolving social care field. It was built especially for the social serving sector with input from South Carolina social

care leaders. Learn more about the different features of Thrive Hub and how technology can help you address health holistically in your community.

A to V: All About Volunteers

Ballrooms A & B | Speaker: Abby Blakely



Are you thinking about adding volunteers to your workflow? Volunteers CAN build capacity within your organization if you have the capacity to manage them well. This session will provide tools to help you analyze your organizational needs, promote for the volunteer position and build into your volunteers to help keep them coming back for more—retaining a volunteer = not having to do this all over again! Join me in ways to help you identify, recruit, train, and retain volunteers to meet your organization or program needs.

The Power of Relationships: Understanding the Developmental Relationships Framework Room C1 | Speaker: Rachelle Hall



Communities in Schools is the nation's largest provider of integrated student supports, serving 3,270 schools in 28 states and The District of Columbia. In this session, we will focus on the importance of relationships, and not just any relationship, but the Search Institute's framework around creating and sustaining Developmental Relationships. Learn how Developmental Relationships allow us to surround students with a trusted network of integrated student supports so that ultimately, we can empower students to stay in school and achieve in life!

Thrive Hub Case Management

Room C2 | Speaker: Stephanie Goldner-Carver



Leveraging the power of technology is your gateway to unlocking a new era of efficiency, collaboration, and improved outcomes in the realm of social care. Discover how Thrive Hub's cutting-edge technological solutions are revolutionizing the way we approach and enhance case management during this demonstration.

Isn't It Time We Talk: Debunking the Myths of Advance Care Planning Room C3 | Speaker: Marisette Hasan



More than one million lives were lost to COVID-19, and many of these deaths unexpectedly happened to the young and old. In many cases of these unexpected deaths, family members did not have an opportunity to discuss with their loved ones what mattered most. This interactive session will focus on the benefits of early advance care planning conversations with our loved ones, patients and clients. We will address the myths about end-of-life conversations and explore options for community support when a loved one becomes seriously ill.

Legal Hot Topics for Nonprofit Organizations Ballrooms A & B | Speaker: Kelly Jolley



From insurance to fundraising compliance and corporate governance to employment issues, the nonprofit staff makes daily decisions that have a legal impact. Don't let the boring title fool you! This session will use stories and examples to review the areas with the greatest risk for nonprofit organizations. It will offer short checklists to help you and your staff make good decisions for your organization.

12:00 PM - 2:00 PM | Lunch, Closing Keynote & Awards

Creating Heroic Leaders Amid Organizational Hardship Ballrooms A & B | Speaker: Anthony A. Dicks, Jr.



Challenging times call for champion leaders. Unfortunately, we have a tendency to talk more about our villains and vices than our victories. In this session I pose a simple question: Could organizational, cultural, or personal hardship be making a heroic leader out of you? Your challenges could be making you the champion your organization needs to accomplish its mission.

Here's what you'll learn:

- Why your organization needs heroic leaders
- The seven virtues of heroic leaders
- A 6-Part Heroic Leadership Development Framework that will help your organization create a pipeline of heroic leaders
- How to overcome the #1 enemy of heroic leaders
- How to leverage organizational hardship to create heroic leaders

KEYNOTE SPEAKERS



Dr. Caroline Leaf

Communication Pathologist, Cognitive Neuroscientist

Dr. Leaf is a communication pathologist and cognitive neuroscientist specializing in cognitive and metacognitive neuropsychology. Since the early 1980s, she has researched the mind-brain connection, the nature of mental health, and memory formation. She was one of the first in her field to study how the brain can change (neuroplasticity) with directed mind input. During her years in clinical practice, she worked with many people who struggled with Traumatic Brain Injury (TBI), Chronic Traumatic Encephalopathy (CTE), learning disabilities (ADD, ADHD), autism, dementia and mental ill-health issues like anxiety and depression.

Dr. Leaf is also the bestselling author of "Cleaning Up Your Mental Mess," "Think Learn Succeed," "Think and Eat Yourself Smart," and many others. She teaches at academic, medical and neuroscience conferences, churches, and various audiences worldwide. She is also part of the Mental Health Initiative in Washington, DC. Dr. Leaf is currently conducting clinical trials using the 5-step program she developed while in private practice to demonstrate further the effectiveness of mind-directed techniques to help relieve mental ill-health problems such as anxiety, depression and intrusive thoughts.



Anthony A. Dicks, Jr.

Senior Leadership Consultant of 180 Management Group

Anthony A. Dicks, Jr. is a leaders leader! His passion for leadership development is seen through his work with emerging leaders across a multitude of industries. He has spent over two decades preparing people with diverse responsibilities to reach their optimal leadership potential. He firmly believes that leaders are not developed by accident, they must be engineered. Here's a witness to Anthony's transformative leadership development style.

"Anthony gave me the best coaching value I've ever received to enhance my business. I have been in business for over 30 years and I am completely impressed with Anthony's clarity, plan, and attention to detail."

Cal Thompson, Award winning St. Louis Businessman

A. A. Dicks, Jr. has extensive education, possessing a BS in Applied Mathematics from North Carolina A & T State University, an MBA from Webster University, and an Executive Certificate in Digital Marketing from Cornell University. He currently transforms leaders as the Senior Leadership Consultant for 180 Management Group.





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